



**Our Chalet, Switzerland**

World Association  
of Girl Guides  
and Girl Scouts

# **ROVERWEEK 2012**

## **Our Chalet, Switzerland**

### **4<sup>th</sup> – 11<sup>th</sup> February**

An international week of Winter fun, challenge and adventure in Our Chalet, WAGGGS' first World Centre. Located in the famous Swiss Alpine region of Adelboden, Our Chalet is only 10 minutes away from the main ski lifts that take you to more than 180 km of groomed ski slopes.

#### **What is Roverweek?**

This is an international week of Winter fun, challenge and adventure! It is an 8-day fully catered event for Guides and Scouts between 16 - 26 years (Rangers and Rovers), with a programme focused on implementing the traditional Guiding and Scouting method. As a participant you will have the opportunity to challenge yourself and experience outdoor physical activities during an international event. **You will learn more about yourself, about WAGGGS** and have the opportunity to return home full of new ideas, games and perhaps passion to take up a new sport.

The event programme enables you to experience many different outdoor activities including **Downhill Skiing, Snowshoeing, Winter Hiking and Cross-Country Skiing**. You will also participate in **Our Chalet's Snow Olympics and Evening Programmes such as International Night, Swiss Night and Campfire**.



#### **Participants**

**Guides and Scouts (Rangers and Rovers)**, male or female members aged **16 to 26 years**. You are welcome to participate in the event individually or as a member of a group. There is a limit of 10 participants per country in order to ensure the cultural diversity of the event. Participants should be registered members of WAGGGS or WOSM.

**Date** 4<sup>th</sup> -11<sup>th</sup> February 2012

**Cost** Only 810 CHF per person

**It is great value for money because everything is already included in the price!**

**Price includes:** Accommodation (7 nights), all meals during the event, ski and gondola passes, equipment hire, and all activities indicated in the programme.

Financial assistance may be available via application to the World Centre Manager. Travel costs, sufficient insurance and visas (if required to enter Switzerland) as well as pocket money **are not included in the price**.

#### **Bookings**

To reserve your individual or group place for Roverweek **contact us directly** on:  
[info@ourchalet.ch](mailto:info@ourchalet.ch)      [www.ourchalet.ch](http://www.ourchalet.ch)

**Our Chalet, Hohliebeweg 1, 3715 Adelboden, Switzerland**

**Tel: +41 (0) 33 673 1226**

## **Insurance**

You are required to provide your own travel insurance which should include ambulance cover and all winter-related activities that are listed in the programme section.

## **Travelling to Our Chalet**

All participants will need to travel to Our Chalet at their own expense. You can fly to Zurich, Geneva, Basel, Bern or Milan. From there, Our Chalet is easily accessible by train. From all airports your journey will take between 2 to 4 hours to reach Our Chalet. First you need to reach Frutigen train station, where you connect with the red AFA bus to Adelboden Oey bus stop (journey takes 30 minutes). From Adelboden Oey bus stop it is a 20 minute walk up the hill and you are here, just follow the signs! Have a look at [www.sbb.ch/en](http://www.sbb.ch/en) for planning your trip. Please notify us 48 hours in advance of your arrival time and let us know in advance if you will need a luggage pick up from the bus stop.

## **Early Arrivals**

If you would like to arrive earlier to see the sights of Switzerland please book your accommodation separately through our website.

## **Day Programme**

### **Downhill Skiing**

Join in three days of skiing and fun in the Adelboden-Lenk ski area. Ski rental and passes are included. Groups available for beginners, intermediate and advanced.

### **Langlauf Skiing (Cross-Country Skiing)**

Try classic cross-country skiing in Boden. Ski rental and passes included.

### **Snow Hikes**

Join our hike to the wonderful Engstligen waterfall, and then enjoy a gondola ride up to Engstligenalp, before snow tubing down the hillside!

### **Service Project**

Join your fellow Rangers and Rovers in a service project aimed at improving Our Chalet and the local community of Adelboden for the future generations of Guides and Scouts.

## **Evening Programme**

### **Our Chalet Tour**

Come and learn more about Our Chalet with a presentation on the history of the first WAGGGS World Centre, followed by a tour of the main buildings and a visit to our on-site shop.

### **International Festival**

A chance to show everybody something about your country or Guide or Scout group.

### **Snowshoeing**

Take a Snowshoe Tour of the Bonderlen valley, led by Our Chalet's trained staff members.

### **Night Sledging (Tobogganing)**

Experience Our Chalet's toboggan tracks or the famous Tschenten sledge-run (at an additional cost).

### **Swiss Night**

Swiss music, Swiss fun facts, Swiss food and Swiss history: submerge yourself in the Swiss atmosphere.

### **Campfire**

No Guide or Scout event is complete without sharing your favourite songs and sketches around a Campfire.



## Suggested Packing List

This suggested packing list should help you come prepared for most of the activities included in the programme. Winters in the Alps are very cold and weather is changeable so please take preparations seriously. When packing please combine this with our general Winter packing list for general and personal items.

### EQUIPMENT

- Ski jacket (or warm waterproof jacket) and ski trousers
- Thermal underwear and warm clothes
- Warm gloves or mittens (waterproof), hat and scarf
- Day rucksack (20-30 litres)
- Skis and poles (if you prefer using your own)
- Ski boots (if you prefer using your own)
- Sturdy waterproof hiking boots with ankle support
- Water bottle: minimum 1 litre and lunch box for packed lunch
- Sun protection cream, lip balm and sunglasses
- Guide or Scout uniform



### Preparation and Advice from the Programme Team

Our Chalet is located in the Swiss Alps, 1350 metres above sea level, and the weather can vary greatly on a daily basis. In order to fully enjoy this programme and feel comfortable with changing weather conditions in the Alps we advise you to be aware of this while packing, as well as build up the level of your fitness prior to your arrival. Being fit will help you to better manage your everyday skiing, hiking and the other snow activities you will be participating in. The human body at a higher altitude and cold temperatures needs more energy and stamina so being generally fit will help you overcome weather and perhaps altitude challenges. We are confident once you dedicate time to your preparations you will be able to fully enjoy your programme and have lots of fun exploring in the snow and feel strong and confident.

**We are waiting for you here:**



See you at **ROVERWEEK!**